



# BRITISH ASSOCIATION OF HAND THERAPISTS

## BAHT AGM 2018 Minutes

Date:	10.11.2018
Time:	13:20
Location:	The Studio, Birmingham

Apologies:	Nicola Goldsmith
Proxies:	None

Item	
	<b>Welcome by Chair</b>
1.	<b>Apologies: see above</b>
2.	<b>Acceptance of 2017 AGM Minutes</b> Proposer: Sam Tomkins Second: Nikki Burr BAHT stakeholders accept minutes
3.	<b>Executive Committee (EC) Report by Chair: Christy Fowler</b>  <b>EC Members and their Roles</b> <b>Chair:</b> Christy Fowler <b>Vice Chair:</b> Hayley Smith <b>Director of Administration and Membership:</b> Simon Sterry <b>Treasurer:</b> Sam Tomkins <b>Director of Bursaries:</b> Juliette Bray <b>Director of Advertising and Website:</b> Nicola Hern <b>Director of Journal:</b> Leanne Topcuoglu <b>Vice treasurer (Co-opted):</b> Esther Ibrahim  <b>Membership 2018:</b> Full members of BAHT are either physiotherapists or occupational therapists who are Health and Care Professionals Council (HCPC) registered. They have full voting rights. Full members are entitled to discounted course rates, to apply for bursaries and research grants and receive a paper copy as well as electronic access to the quarterly Hand Therapy Journal.  New members can join at any time during the membership year (1 <sup>st</sup> February to 31 <sup>st</sup> January); they receive electronic access to previous issues of the journal as well as the voting rights/entitlements relevant to their membership level. On 1 <sup>st</sup> June 2018 the membership numbers were as follows: 278 physiotherapists and 490 occupational therapists.  Overseas members of BAHT are therapists living outside the United Kingdom. They have no voting rights but receive the quarterly journal and are entitled to discounted course



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	<p>rates. On June 1<sup>st</sup> 2018 there were 32 overseas members listed on the database.</p> <p>Student members also have no voting rights; they receive an electronic copy of the journal and are entitled to discounted course rates. There were no student members on 1<sup>st</sup> June 2018.</p> <p><b>Bursaries:</b> Available Bursaries each year:</p> <ul style="list-style-type: none"><li>• Early bird conference tickets (2 places)</li><li>• International conference ( 2 per year )</li><li>• International BSSH conference</li><li>• BSSH Instructional course free places ( 6 per year )</li><li>• Level 1 bursary (2 per year)</li><li>• Level 2 bursary (6 per year)</li><li>• Level 3 bursary (2 per year)</li><li>• APL level 2 and level 3</li><li>• Charitable bursary</li><li>• European certified hand therapist accreditation</li></ul> <p><b>Awarded Bursaries between March 2017- March 2018:</b></p> <ul style="list-style-type: none"><li>• 2 x National conference</li><li>• 1 x International conference</li><li>• 2 x other course / conference</li><li>• 1 x Charitable bursary</li><li>• 7 x Level 2 bursaries</li><li>• 2 x Level 3 bursaries</li><li>• 1 x Charitable bursary</li><li>• 1 x attendance at BSSH instructional course</li></ul> <p><b>Activities in the last 12 months:</b></p> <ul style="list-style-type: none"><li>• Significant work on New Website – Launched July 2018</li><li>• Continued liaison with CSP, RCOT, EFSHT and IFSHT</li><li>• Maintaining strong links with BSSH<ul style="list-style-type: none"><li>• BAHT representative now sits on BSSH international committee</li><li>• Participation in BSSH and BAHT overseas day</li></ul></li><li>• Editor Stipend agreed for Journal Editor position</li><li>• Conference Planning</li></ul>
4.	<p><b>Financial Report by EC Director of Finance: Sam Tomkins</b></p> <p>Accounts are still with an independent reviewer as per requirements to maintain charitable status.</p> <p>Draft accounts presented and explained to BAHT stakeholders.</p> <p>Expenditure of different committees does not represent real cost of committees (Education Committee £43,072, Executive Committee £40,472)</p>



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## Summary of Financial year ending March 2018:

Increase in income of £28,682

BAHT's primary sources of income are through membership subscriptions, education and the portfolio of assets.

### Breakdown of income:

	2016-2017	2017-2018
Subscriptions:	£47,073	£49,144
Investment Income:	£29,849	£29,781
Educational Events:	£11,653	£38,472
Sundry Income:	£7162	£510

### Breakdown of expenditure:

	2016/2017	2017-2018
Journal	£30,834	£32,200
Legal and Professional	£5393	£2,902
Meetings	£7314	£9,608
Portfolio Management	£13,977	£15,082
Staff and Running	£14,132	£18,863
Accountancy and Auditors	£9840	£10,170
Conference	£9516	£20,078
Grants and Bursaries	£24,507	£9,608
Insurance	£2361	£2,902

### Total Income and expenditure

	2016/2017	2017-2018
Income	£89,375	£177,907
Expenditure	£117,874	£107,554

### Investment portfolio:

Portfolio has made a loss over the past financial year:

**2015-2016:** (£55,246) **2016-2017:** £140,022 **2017-2018:** (£10,834)

Total Fund carried forward

**2015-2016:** £1,122,790 **2016-2017:** £1,234,313 **2017-2018:** £1,223,479

### Forward Planning:

- Continuing to develop revenue through advertising and the developments with the Hand Therapy Journal
- Increase contact time with Accountants
- Review of financial services annually

5.

### Clinical Evidence Committee Report by Lisa Newington

Lisa Newington

Donna Kennedy

Suzanne Beale

Victoria Jansen

If any BAHT members are interested in joining the CEC contact Lisa: [baht.cec@gmail.com](mailto:baht.cec@gmail.com)



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## 2018 BAHT Research Grant

### Peer review panel

Caroline Miller, Birmingham | Daniel Whibley, Aberdeen  
Karen Redvers Chubb, Manchester | Kristen Valdes, ASHT USA

### Winners

#### Daniel Harte

Southern Health and Social Care Trust, Portadown, Northern Ireland

“The Inter-rater and intra-rater reliability of a goniometer watch to measure pure forearm rotation”

#### Laura Adamson

Pulvertaft Hand Centre, Royal Derby Hospital

“The case for skin camouflage”

### Update on previous grant winners...

#### 2017

#### Donna Kennedy

Imperial College Healthcare NHS Trust

“The Evaluation of Post-Surgical Scar Hypersensitivity in the Hand (ESCHER)”

Sponsorship | patient collaborators | recruitment plan | additional funding | hopefully ethics approval soon...

#### 2016

#### Caroline Miller

University Hospitals Birmingham NHS Foundation Trust

“How reliable is manual muscle testing and does it correlate with functional and Quality of Life measures in patients with brachial plexus injuries?”

Study on going...

### Collaborations

#### CSP & James Lind Alliance Research Priorities

#### CSP and JLA Top 10 Research Priorities:

1. At what point is therapy most important v no therapy when health problems start?
2. What methods are effective in helping pts make health changes/ maintain health?
3. What treatments are most effective at preventing health problems occurring or worsening?
4. What are the best ways to deliver therapy to meet pt needs?
5. What are pt's expectation for recovery v therapist's expectations? When recovery is not possible, how can this be managed?
6. How does waiting for therapy affect outcomes?
7. What parts of treatments cause behavioural change/physical improvement?
8. What approaches are effective to enable pts to manage their own health problems?



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9. How is pt progress/service performance measured?  
10. How can access to therapy be improved for groups who have reduced access?

## **Collaborations**

**Miriam Parkinson**

**Sharon Gilliespie**

“Complex Regional Pain Syndrome in Adults – UK guidelines for diagnosis, referral and management in primary and secondary care, 2018”

## **Research Support**

**Justin Wormald**, SpR plastics, research fellow, University of Oxford  
Digital nerve repair survey to inform an HRA application

**Melissa Hirth**, hand therapist, Monash University, Australia  
**International survey of zone 5-6 extensor repairs**

**Ben Dean**, hand surgeon, Oxford  
Call for collaborators for observational study of CMCJ OA management

**Simi Padmanabhan**, hand therapist, University of Derby  
Qualitative study of the use of apps and the web in hand therapy

## **Open Access Hand Therapy**

Trial of open access articles

CEC developed open and transparent selection criteria

Nominations welcome – [cec.baht@gmail.com](mailto:cec.baht@gmail.com)

## **Conference Abstracts**

Details on the BSSH website – **Deadline 4 January 2019**

## **CEC Peer Review Pool**

- Annual research grant
- Conference abstracts
- Conference posters / free paper presentations

## **Interested?**

Please send a short statement of interest and a CV to:

[baht.cec@gmail.com](mailto:baht.cec@gmail.com)

## **Current reviewers:**

**Anna Pratt**, Brunel University

**Debbie Larson**, Norfolk & Norwich NHS

**Leanne Miller**, University of East Anglia

**Alison Roe**, South Manchester NHS

**Karen Redvers Chubb**, South Manchester NHS



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**Kristin Valdes**, Gannon University, USA  
**Caroline Miller**, Birmingham NHS  
**Daniel Whibley**, University of Aberdeen  
**Jo Shim**, University of Aberdeen

## Journal Report by Assistant Editor Fiona Sandford

Thanks to editorial board members and reviewers for committed time to Journal.

### Submissions

Manuscript submissions have increased compared to 2017 however given that we aim to have at least 4 articles (not 3) in each issue and that the submission to acceptance ratio has gone down submission rates need to increase.

Only 1 in 5 submissions comes from the UK which has one of the largest membership bases. Although the acceptance rate is now below 30% which is one of the assessment criteria for indexing on PubMedCentral and Medline it is worth noting that the acceptance rates vary greatly between countries and for UK submission is around 50%

	2017	2018 (YTD)
submissions	43	46
acceptance rate	43%	29%
no of countries*	13	14

\*21% submissions from UK with a 50% acceptance ratio

### Circulation & usage

#### Circulation

- 6,433 total circulation in 2017                      7,203 total circulation in 2018 YTD

#### Online Usage

- 11,522 full-text downloads in 2017    8,201 full-text downloads in 2018 YTD

#### Marketing

- 3,917 followers to date on the SAGE Health Twitter channel

### Article Mentorship Schemes

- Available for BAHT members
- Match an author with a members of the editorial board
- Pre-submission advice (not co-authorship)

### Why should you submit to the Hand Therapy Journal?

- International peer-reviewed journal
- On Web of Science due to ESCI indexing (precursor to Impact Factor)
- Short time from submission to first decision (29 days)
- HT welcomes service developments and evaluations

### PubMed Central (PMC) indexing application submitted



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	<p>The application to be indexed in PUBMED Central has been submitted. PubMed Central is administered by the US National Institute of Health and there is now a considerable delay between submission of the application and outcome due to a decline in government funding from the present administration so we will simply have to wait. We will communicate as soon as we know to result through the e-bulletin.</p>
7.	<p><b>Education Sub-Committee Report by Nikki Burr</b></p> <p><b>Members and their roles</b></p> <ul style="list-style-type: none"><li>• Chair Nikki Burr - <a href="mailto:bahtchair@gmail.com">bahtchair@gmail.com</a></li><li>• Level I co-ordinator - Debbie Mile, Chloe Kirk (co opted) - <a href="mailto:baht.level1@gmail.com">baht.level1@gmail.com</a></li><li>• Level II co-ordinator Zoe Cliff - <a href="mailto:baht.level2@gmail.com">baht.level2@gmail.com</a></li><li>• Level III co-ordinator/admin Ella Donnison - <a href="mailto:baht.level3@gmail.com">baht.level3@gmail.com</a></li><li>• APL co-ordinator Vacant - <a href="mailto:baht.apl@gmail.com">baht.apl@gmail.com</a></li><li>• AHT co-ordinator Kathy Whalley - <a href="mailto:baht.aht@gmail.com">baht.aht@gmail.com</a></li><li>• BAHT ESC finance Penny Stuart - <a href="mailto:baht.escfinance@gmail.com">baht.escfinance@gmail.com</a></li><li>• Esc website and advertising liaison Vacant</li></ul> <p><b>Recently run courses and planned courses</b></p> <p>Courses 2018</p> <ul style="list-style-type: none"><li>• 5 level 1 courses</li><li>• 7 Level 2 courses</li><li>• The Wrist joint</li><li>• The PIP joint</li><li>• Optimising Soft tissue</li><li>• Radiographic imaging of the hand</li><li>• Derby MSc Level 2 Module</li><li>• Surgical and Therapeutic management of tendons</li><li>• Splinting a clinical approach</li><li>• Nottingham University ran two Level 3 Injection therapy courses</li></ul> <p><b>Planned courses for 2019</b></p> <ul style="list-style-type: none"><li>• 3 level 1 courses</li><li>• Middlesex</li><li>• London</li><li>• Derby</li><li>• 7 level 2 courses</li><li>• Radiographic imaging of the hand</li><li>• Derby MSc Module</li><li>• PIP joint</li><li>• Paediatrics</li><li>• Peripheral nerve injuries</li><li>• Burns</li><li>• The Thumb</li></ul>



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## **Congratulations for gaining level 3 points**

### **Level III journal article route**

- **Chloe Kirk**  
Test-retest Reliability of Wrist Joint Position Sense in Healthy Adults in a Clinical Setting
- **Nicola Cliff**  
Study to Investigate The Intra-rater and Inter-rater Reliability of Goniometric Measurements of Dart Throwers Motion in Asymptomatic Wrists

### **Level III MSc additional module route**

- Majed Owaisi Alshammari
- Contemporary Practice in Injection Therapy MSC module 2017/18 18/19  
11 hand therapists working towards their points  
Prospective Level III Project  
2 Hand Therapists ongoing
- 2 candidates successful in gaining APL points in 2018  
Congratulation to **Karen Belward /Chloe Kirk**  
2 Hand Therapists ongoing  
1 candidate portfolio being assessed

## **Successful AHT (BAHT) 2017**

### **Huge Congratulations**

- **Karen Belward**
- **Fiona Talbot**
- **Chloe Kirk**

### **Re accreditation**

- **Helen Petherick**
- **Falguni Hathi**
- **Nikki Burr**
- **Katherine Butler**
- **Mandy Donnan**
- **Paula Minchin**
- **Julie Bray**
- **Sarah Mee**
- **Joseph Goodwin**
- **Anne Sims Williams**
- **Daniel Harte**
- **Ella Donnison**

**All AHT(BAHT) can apply to become an European Certified Hand Therapist. The UK still only have three**

**Introduced In 2019**





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	<ul style="list-style-type: none"> <li>• Electronic BAHT level 1 exam to be trialed in May 2019</li> <li>• New topics for level 2 courses</li> <li>• New teams of lecturers</li> </ul> <p>Need</p> <ul style="list-style-type: none"> <li>• New ESC members needed</li> <li>• APL/Level 3 assessors</li> <li>• New courses and teams</li> </ul> <p>Generally, the ESC feel it had a successful year. The ESC is always interested in new ideas, courses, online tutorials. Please contact: bahthandtherapy@gmail.com</p>
8.	<p><b>Retirements and Nominations:</b></p> <p><b>Retirements:</b></p> <p style="padding-left: 40px;">Juliette Bray – retired in July Samantha Tompkins – retiring January 2018 Lisa Newington – will retire in April 2019 Lou Couchman Zoe Clift</p> <p><b>Nominations: Executive Committee:</b></p> <p style="padding-left: 40px;">Esther Ibrahim Vote BAHT stakeholders: unanimous vote in favor Christy Fowler – Renomination Vote BAHT stakeholders: unanimous vote in favor</p> <p><b>Clinical Evidence Committee:</b></p> <p style="padding-left: 40px;">Chloe Kirk Vote BAHT stakeholders: unanimous vote in favor</p>
9.	<b>AOB:</b> None
10.	<b>Meeting closed:</b> 14.10

Minute Taker:	Simon Sterry (Director of Administration)
Date:	10.11.2018