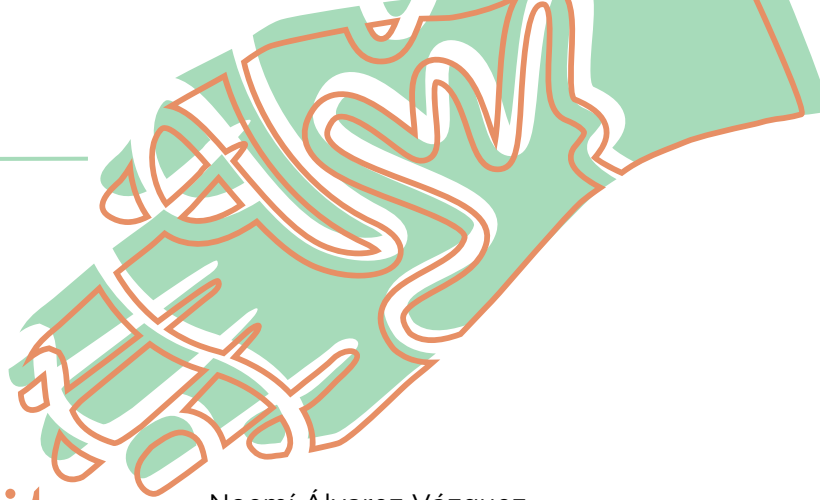


Treating without pain advanced concepts for upper extremity



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reconecta



HAND THERAPY BGN



. Alison Taylor .

Graduated as an Occupational Therapist in 1990 from the University of Sydney, Australia. She has worked in and out of the United States for 29 years, obtaining her CHT certificate in 2001.

During this time, she has been part of 6 ASHT Congresses, held multiple ASHT state conferences; actively participating in various interest groups in GA, NH, TX and LA.

In 2011, she became a Kinesio Tape instructor, lecturing nationally and internationally on it. And in 2017, she presents her paper on kinesiotape application on tennis elbow at the "International Kinesio Taping Symposium" held in Hawaii, which leads to her publication in "Advanced Healing Magazine".

Alison is a guest lecturer in the Occupational Therapy programs at Texas Women's University (Denton) and LSU (Shreveport), teaching among other training, Kinesiotape and splinting techniques. He lectures nationally and internationally on hand therapy and is developing protocols for the treatment of medial and lateral elbow pain and radial nerve conditions.

November 11th

Morning:

- 8.30 - 9.00 : Arrival and presentation.
- 9.00 - 9.45 : Introduction to pain management concepts.
- 9.45 - 10.15 : Hand related concepts, Skin - finger / lab. Scar- hand Lab.
- 10.15 - 10.45 : Concepts applied to edema. CMC Lab.
- 11.30 - 12.00 : BREAK.
- 12.00 - 12.15 : Concepts applied to fascia: tennis elbow.
- 12.15 - 12.30 : Concepts applied to the musculature, agonists vs. antagonists. Wrist fractures / carpal tunnel - LAB.
- 12.30 - 13.00 : Concepts applied to joints I - Joint alignment and pain in finger injury - LAB.

Afternoon:

- 15.00 - 16.00 : Joint Concepts II: Dequervain's, Ecu Tendinopathy - LAB.
- 16.00 - 17.00 : Ligament Treatment:

triangular fibrocartilage injury - Lab.

- 17.00 - 17.30 : BREAK
- 17.30 - 18.30 : Advanced concepts in the treatment of tennis elbow, dislocations and fractures.
- 18.30 - 19.00 : Summary, doubts and questions.

November 12th:

Morning:

- 9.00 - 10.45 : Introduction to the concept of MWM Taping and fascia (Cupping and IASTM).
- 10.45 - 11.45 : Elbow tendinopathies and pain. Concepts of muscle imbalance and joint alignment. Anatomy, return to joint balance. Taping applied to musculature and joint.
- 11.45 - 12.15 : BREAK.
- 12.15 - 13.15 : Elbow tendinopathies and pain. Concepts of muscle imbalance and joint alignment. Anatomy, return to joint balance, joint mobilization. Taping applied to muscles and joints.

Afternoon:

- 15.00 - 16.30 : Wrist tendinopathies and pain. Concepts of muscle imbalance and joint alignment. Anatomy, return to joint balance. Joint mobilization. Taping applied to muscles and joints.
- 16.30 - 17.30 : Hand and finger pain. Concepts of muscle imbalance and joint alignment. Anatomy, return to joint balance. Joint mobilization. Taping applied.
- 17.30 - 17.50 : BREAK.
- 17.50 - 18.30 : Thumb tendinopathies and pain. Concepts of muscle imbalance and joint alignment. Anatomy, return to joint balance. Joint mobilization. Taping applied to musculature and joint.
- 18.30 - 18.45 : Current techniques: cupping, IASTM, sensory re-education.
- 18.45 - 19.15 : Closing of the course. Doubts and questions.

Objectives

Attendees will gain a preliminary understanding of all the concepts and their relationship to Hand Therapy. Immediate application of the concepts to daily practice with success.

- Determine how the 4 S's model (Skin - Scar - Sensation and Swelling) contributes to the maintenance of upper extremity pain.
- Utilize manual and soft tissue techniques to improve patient outcomes.
- Understand the philosophy and basic concepts of Taping and MWM.
- Learn basic joint positioning and corrections to reduce pain in the most common diagnoses.
- Learn some "PEARLS" tricks to perform treatment without pain.

It is aimed at

- Health science professionals.
- Occupational therapists.
- Physiotherapists.
- Physicians.
- Hand therapists.

Reserve your place

You can reserve your place through the website, making a deposit of 250 euros in: www.reconectarehabilitacion.com

The second payment will be made during the first day of the course, paying the remaining 400 euros or in the account number:

ES33 2103 7069 6500 3003 1904
Indicating in the concept "Alison course" and the name of the person enrolled.

The course will be held at Urh Zen Balagares, Asturias.

Total cost of the course: 650€.

Places: 35 / 16 hours.

In the event that any of the organizing parties decides to cancel the event, the full amount will be refunded.

The organizing company will not be responsible for cancellation fees incurred 14 days prior to the course management:

- If you want to cancel your place, you will be refunded 100% of the amount if we have 60 calendar days before the course.
- If the cancellation is between 20 and 60 calendar days before, 50% will be refunded.
- And for the 20 days prior to the event, the payment will not be refunded unless there is a justified medical cause.

The refund will be made within 7 working days after the end of the course.