#### **Application Form**

# **British Association of Hand Therapists Ltd.**

## **BAHT Bursary Application Form**





Application Reference Number: (BAH	T us	se or	าly)
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Name: Ann Other

Contact Telephone: 020 79304832

Contact Address: 47 Wales Street

London SW1A 1AA

Contact e-mail: ann.other@hosp.nhs.uk

BAHT membership number: ###

BAOT/CSP membership number: #####

Number of years of consecutive membership: 5

Have you previously received a BAHT Bursary? No

If so, please specify which bursary you received, and when?

Professional qualifications (please give dates and qualifications obtained):

Bsc OT Oxford Brookes University 2005

Current Job Title: Band 7 Occupational Therapist/Team Lead Hands/Rheumatology

Please email to: <a href="mailto:baht.bursaries@gmail.com">baht.bursaries@gmail.com</a> Subject: Bursary Application

### **Project details**

Title of conference/course (if applicable): Hand Therapy MSc Module – Research

Methods

Location: University of XXX

Dates: May 2012 - August 2012

N.B.: See course details attached.

#### **Funding Requested**

N.B.: Please give the total anticipated cost for each section; if costs are in currency other than £sterling please include estimated costs in £s.

Conference fees (if applicable): £495

<u>Travel expenses</u> (please approximate distance to travel, and preferred mode/s of transport): Self-funded

Accommodation cost (please include type of accommodation): N/A

Additional fees (please itemise): N/A

Total amount of bursary funding requested from BAHT: £300 (full bursary amount)

### **Supporting Statement**

I currently work as a Band 7 Occupational Therapist in an out-patient hand therapy/rheumatology team. My caseload involves treating patients referred from orthopaedic and plastic surgery following trauma and elective surgery. We also accept GP referrals covering mainly acquired conditions as well as splinting referrals from colleagues in neurology and children's services.

My work also involves the teaching of junior rotational staff and students as well as teaching on our departmental in-service programme. Since starting work full-time in this team in 2007 I have completed a BAHT level 1 and two BAHT level 2 courses in order to advance my knowledge and skills in hand therapy. I am now participating in a Masters programme at XXX University as I wish to consolidate my further education in a more formal manner. I have already completed 3 modules including "Assessment of the hand and upper limb", "Mechanisms of injury and disease" and "Treatment modalities" and have shared the knowledge gained here in staff training sessions. My long-term aim is to pursue research in the field of hand therapy and completion of the Masters course will provide me with the skills to do so.

I currently lead our team audit programme where e.g. we have measured our outcomes for patients following carpal tunnel decompression. As part of my annual appraisal I have identified the goal of updating our existing guidelines for the preand post-op assessment and treatment of MCPJ arthroplasties. I then aim to audit the outcomes of our treatment programme against those reported in the literature. Completing the Research Methods module will give me the skills I need to complete a literature search and to evaluate the quality of the available evidence which I then plan to use to write up our local guidelines. It would also enable me to take a more analytical role in our quarterly journal club meetings where I, an many of my colleagues, feel that while we have the clinical knowledge to understand journal articles I do not have a high level of confidence in my ability to evaluate the articles in terms of the quality of the evidence.

I plan to share the knowledge gained by leading an in-service teaching session on literature searching. Once I have completed the guidelines these will be used by our team and will be shared with therapy/surgery colleagues at our annual regional hand therapy/surgery study day. Our audit outcomes are also shared with therapy/surgery colleagues at a regional audit hand surgery study day. I would also like to submit my literature review for publication in a peer-reviewed journal.

I have self-funded the BAHT course previously attended and have had funding from my employer for 2 of the 3 modules I have already completed. I would be grateful for support from BAHT, under the bursary scheme, in enabling me to bear the costs of this course.

Word count = 476