



Euxton Hall Hospital

Physiotherapy Event with Ian Gatt

Hand & Wrist Injuries in Sport:

Assessment and Management - 1 day workshop

7th June 2019 (9am - 5pm)

This workshop will cover the following:

- Functional overview of the applied mechanics of the Hand & Wrist to improve overall understanding of the upper limb
- Discussion, demonstration and practice of Assessment and Treatment approaches for the Hand & Wrist
- Kinetic Chain considerations of the Hand & Wrist to enhance assessment and treatment approaches
- Clinical reasoning for treatment and rehabilitation progression, with use of case studies and appropriate objective measures
- Use of objective measures for Hand & Wrist return to play/activities

The workshop will be delivered by Mr Ian Gatt, Head of Performance Services and Lead Physiotherapist for GB Boxing. Ian is also an Upper Limb Injury Specialist with the prestigious English Institute of Sport (EIS) providing an advisory role to Olympic and Paralympic Sports.

Cost: £130 per delegate

Places are extremely limited for this 1 day workshop - to register please contact Debra Doyle on

Debra.Doyle@ramsayhealth.co.uk



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Part of Ramsay Health Care