



Introduction to working effectively with children and young people using CBT Techniques

An online course suitable for all staff working with children and young people

Tuesday 6th December 2022

- Effectively engaging children and young people in treatment
- Developmental and neurodiverse (ASD/ADHD) adaptations to CBT for children and young people
- Incorporating abstract narratives, metaphors, and imagery-based techniques, with concrete and visual methods to improve physical outcomes
- Working systemically by addressing barriers to effective treatment, supporting co-regulation, and collaboration within the wider system



Course lead: Vicky Lucas

Cognitive Behavioural Therapist at the Pulvertaft Hand Centre

Venue : Online access via Zoom—
3.5hrs webinar to watch BEFORE live session and live 3.5hrs session via Zoom on 6th December

Day rate £ 60.00

Includes: 3.5hrs webinar to watch BEFORE the live session

To apply and pay online please go to:
www.pulvertafthandcentre.org.uk



University Hospitals of Derby and Burton
NHS Foundation Trust



@UHDBtrust HandTherapy @pulvertafthands