



British Association of Hand Therapists

# ebulletin

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Winter 2015

## Welcome to the Winter e-bulletin!

The latest updates on courses, job vacancies and hand therapy news in the UK

### Chair report

Well this is the first Chair report I am writing and I hope everyone had a safe and uneventful journey home after the excellent conference in Liverpool! It was inspiring and fantastic to listen to some of the excellent speakers which I hope stimulated you all to take ideas back to your other colleagues, and also to encourage them to attend the conference next year. I would like to extend a big thank you to Birgitta Rosen who travelled to us from Sweden and delivered the key lecture on The Sensational Hand and the Plastic Brain. In particular I would like to say thank you to the delegates who presented free papers and posters, it was fantastic to see so much research being conducted across the country. Please check out the conference presentations on the website (available soon), especially if you were unable to attend in person.

A big congratulations must go to all the members who gained their Accredited Hand Therapist status, this is a huge achievement and takes a large amount of time and dedication. Also a thank you to the large number of executive committee members who have retired from the committees this year, and of course this includes Joelle!

As the new executive gets to grips with their roles we will start to plan for the next year. This includes encouraging you all to take up bursaries! We will also be preparing for the joint BSSH/BAHT conference and the very exciting prospect of the IFSSH conference in Buenos Aires, both in October 2016.

Wishing you all a very happy Christmas and New Year!

**Helen Davey - Chair**

### Thanks from Joelle Chalmer our retired BAHT Chair:

*"I would like to express my thanks and gratitude to all members, committee colleagues and surgeons who have supported me in my time on the BAHT Executive Committee. It has been a rewarding and inspiring experience. In particular I would like to acknowledge the work of the members of the BAHT Exec, ESC and CEC as well as the dedication of Christina Jerosch-Herold to the Hand Therapy Journal. It has been a truly incredible experience and I am pleased to have worked so closely with you all."*

- Thank you Jo, we will all miss you!

### BAHT Validated Hand therapy

#### courses:

#### 2016

##### March

**Level I:** Introduction to hand therapy, Northwood & Dublin

##### May

**Level II:** Optimising soft tissue function, Northwood

**Level II:** Foundation acupuncture for hand therapists, Ipswich

**Level II:** Splinting, London

##### September

**Level II:** PIP Joint, London

##### October

**Level I:** Introduction to hand therapy, Derby

**Level II:** Radiographic imaging of the hand, Derby

**Level III:** Injection therapy, Nottingham

##### November:

**Level I:** Introduction to hand therapy, Derby

**For further details and courses see the BAHT website [courses section](#).**

Would you like funding assistance with course fees? See the Bursary section of the [BAHT website](#)

### Non-validated courses:

#### Non-Surgical Management of Complex Finger Fractures: Poole Finger Traction Splint

Sarah Bradley MSc, DipCOT, Advanced Occupational Therapy Practitioner in Hand Therapy, will be running training courses on the Poole Finger Traction Splint in the New Year.

See [video 1](#), [video 2](#) and [flyer](#) for further information. Exact dates and locations for

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## Rehabilitation of Flexor Tendon Injuries

Newly published & available now to download!

[See website for details](#)

courses, please email Sarah Bradley at [sarah.bradley@poole.nhs.uk](mailto:sarah.bradley@poole.nhs.uk) and further details will be sent to you.

Please also enquire if you are interested in a dedicated course to be held at your Trust.

**BSSH Instructional Course: [The child's hand and tumours](#)** ([bursary places available through BAHT](#))

## Conference feedback

If you haven't yet completed a feedback questionnaire for the BAHT conference please [click here](#)

## Free conference & BSSH bursaries still available - [apply now!](#)

The deadline for conference bursaries has been extended until 7th December and the BSSH instructional course in January to 14 December 2015

## BAHT 2016 Research Grant - Now open for applications: Deadline 1/2/2016

The call for applications for the 2016 BAHT Research Grant is now open! We welcome applications for research on any area of hand therapy practice, but this year we are especially keen to support research or audit exploring the use of outcome measures in hand therapy. Are you thinking of investigating which outcome measures would be most appropriate to use with your patient population? Or would you like to work on a preliminary review or research to initiate the development of core outcome sets?

BAHT have £20,000 available to support one large piece of research or several smaller projects; so if you are thinking of setting up a local research project or audit and require funding to buy additional equipment or research time, please get in touch.

Further details can be found on the [research section of the BAHT website](#)

We look forward to hearing from you.

**BAHT Clinical Evidence Committee**

## Regional group news:

**The East Anglian Regional hand therapy/** hand surgery annual study day will be on January 11th 9-5pm at Ipswich Hospital. Contact: [Charlotte.Flynn@ipswichhospital.nhs.uk](mailto:Charlotte.Flynn@ipswichhospital.nhs.uk) for details.

**The Wessex Hand Group** met in October. See the meeting report [here](#).

## BAHT Membership renewal 2016

Renewals now due - cheque/ card payers please pay by 31st December, direct debits will be taken from accounts on 1st February

## CRPS blog:

My first blog and MSc assignment: 'Can we get a grip of CRPS?' discusses a hand patient's pain presentation. [See here](#)

Many Thanks-Chloe Pilbeam, Pulvertaft Centre

## Thank you Nici!

The committee would like to thank Nici from Zest Event Management who helped every step of the way in putting together the BAHT conference this year. This was the first year BAHT have sought external help for the conference, and her support was invaluable in putting together a professional conference, brochure and setting up online ticket sales.

**If you would like to get in touch with Nici/Zest Event Management [please click here](#)**

## Help with dupuytren's survey

We are interested in the role of splinting post needle aponeurotomy (percutaneous needle fasciotomy) for Dupuytren's contracture.

Please could you let us know your experience and thoughts on this topic to support our understanding of the present role of splinting for this condition?

[Please access the survey here](#)

The survey should only take no more than 10 minutes, and your responses are completely anonymous.

If you have any questions about the survey, please email us: [chloe.pilbeam1@nhs.net](mailto:chloe.pilbeam1@nhs.net) or [chris.bainbridge@nhs.net](mailto:chris.bainbridge@nhs.net) or [melanie.arundell@nhs.net](mailto:melanie.arundell@nhs.net)

Thank you - Pulvertaft Research team

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***Happy Christmas and  
New Year from all of us at  
BAHT!***

**British Association of Hand Therapists**

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