



British Association of Hand Therapists

ebulletin

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September 2016

Welcome to the e-bulletin!

The latest updates on courses, job vacancies and hand therapy news in the UK

Chair report

Welcome to the Autumn newsletter! Next month is very busy and if you have not already booked to attend the joint [BSSH / BAHT conference](#) then please do so quickly. The conference is an eclectic mix of topics ensuring that there will be something to appeal to everyone. There are some very exciting speakers and a wonderful collection of free paper presentations which will hopefully generate discussions and debates. This conference has been organized by BSSH and acknowledgement of the planning and organization must be made to the secretariat team led by Helen Roberts and of course to Rupert Eckersley the president of BSSH.

October 24th - 28th sees the triannual IFSHT / IFSSHT conference in Buenos Aires. I will be attending as the official UK representative and this is a huge honour to be able to represent BAHT at an international conference. Although feeling slightly nervous at times I will endeavour to portray BAHT and all its members as the wonderful positive organization it is! The committee has recently voted to support a therapist from Nepal who required additional funding to travel to India for her visa and IFSHT would like me to pass on their enormous gratitude in funding this therapist to all of the BAHT members.

Finally the AGM will be held on Thursday 13th October at the end of the first day of conference in Cardiff. If you are attending the conference then please stay and attend, it is a vital time for all the committees to be able to present the work they have completed during the past year and also to vote on new members.

I look forward to catching up with many of you in Cardiff and Buenos Aires.

Helen Davey - Chair

Meet our new BAHT President!

The BAHT committees are honoured to welcome our new president, Ian McNab, who was voted in by the executive committee following your nominations.



Ian introduces himself: "I have been a Consultant Orthopaedic Hand Surgeon in Oxford for 15.5 years and have devoted my energies to helping to manage, develop and provide a high-quality consultant lead local and regional hand service. I have also contributed significantly to Hand Surgery teaching,

BAHT validated hand therapy courses

2016

October

Level III: Injection therapy, Nottingham

Level II: Radiographic imaging of the hand

December:

Level II: Wrist, Kent

2017

March

Level I: Middlesex

Level I: Dublin

May:

Level I: London

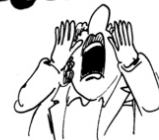
October:

Level I: Derby

For further details and courses see the [BAHT website courses section](#).

Would you like funding assistance with course fees? See the Bursary section of the [BAHT website](#)

Volunteers!



Help wanted with the ebulletin & website please!

Would you be able to spare some time to help BAHT? The BAHT committees are run entirely by volunteers and we need someone to help with both this ebulletin

training, clinical research, and to representing hand surgery interests at all levels.

"My area of clinical sub-speciality interest is wrist surgery and I now provide a regional centre for the referral and treatment of complex wrist problems, and scaphoid fracture non-unions."

Ian works closely in coordination with his hand therapy team and keen to support us in furthering our profession. "I am honoured to take the role as the next BAHT president!".

Survey of return to employment after carpal tunnel release surgery (REACTS)

Please take the time to fill out this short survey looking at return to work after CTR.

The survey has been developed by Lisa Newington (BAHT Clinical Evidence Committee) as part of her PhD, so please show your support, it will be very much appreciated!

For more details see the [study invitation](#)

[The can find the survey here](#)

Thank you!

Survey of conservative management of scapholunate interosseous ligament wrist injuries in the United Kingdom

Kerry Sinclair is carrying out a survey on the assessment and treatment of scapholunate ligament injuries as part of her hand therapy masters.

[You can find the survey here](#)

Please take a look and help Kerry with her research!

Complex regional pain survey

[You can find the survey here](#)

BAHT 2017 Research Grant - now open for applications

BAHT have £20,000 available to support one large piece of research or several smaller projects; so if you are thinking of setting up a local research project or audit and require funding to buy additional equipment or research time, please get in touch.

[See here for details](#)

**New courses
coming soon!**

The Elbow

8/10/2016

Advancing Practice in Hypermobility 19/10/2016

See: www.hypertropheducation.com

HyperTroph
Health Education

and also the website (these could be separate jobs). If anyone has experience in website use that would be great but not essential as training will be given.

In the next year we would also like to build a new BAHT website with a web developer and would like a BAHT member help to coordinate this project. This will be the face of BAHT and therefore something both important and exciting to be involved in.

Please email me baht.websiteandmedia@gmail.com if you think you can help. All travel expenses to BAHT meetings will be reimbursed and lunch is provided.

Katy Sawyer- BAHT Director of Website & Media



Conference 2016 bursaries still available and many others

[See here!](#)



iCSP Hand Therapy discussion forum

Some latest topics:

- Splints for trigger finger
- Award-winning video helps post-op hand exercises
- Botox injections
- Dequervains
- Hand massage & Hep C
- Thumb UCL protocol
- Swanson MCP replacement post-op protocol

Join the discussion on the [iCSP hand therapy forum](#) and receive regular email updates (see [BAHT 'Latest news'](#) for joining information)

How to care for your flexor tendon injury



Bwrdd Iechyd Prifysgol
Abertawe Bro Morgannwg
University Health Board

Award-winning video on flexor tendon rehabilitation! [See here](#)



If you would like to be removed from the ebulletin mailing list please email:

bahthandtherapy@googlemail.com

Regional group news:

The next **Wessex Hand Club** meeting will be on 4th November in Salisbury. For details email:

wessexhandtherapy@gmail.com

NICE: Quality standard service improvement template

Make an initial assessment of your service compared with a selection of quality statements. Includes:

- Assessing current practice
- Recording an action plan
- Monitoring quality improvement.

[View the quality standard service improvement template](#)



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