



## British Association of Hand Therapists

## ebulletin

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Spring 2016

## Welcome to the spring e-bulletin!

The latest updates on courses, job vacancies and hand therapy news in the UK

### Chair report

Welcome to the New Year and the Spring E-bulletin. Thank you to the delegates who completed the [online feedback questionnaire](#) for the Liverpool conference, the response rate was 38.2 %. The results indicated most of you had a positive conference. The feedback form for the Foresight Centre which hosted the conference has been completed based on the replies received. Please be assured the responses were read and suggestions to improve future conferences have been taken to the committee for discussion.

Currently there is an exciting level of planning being undertaken towards the joint BSSH / BAHT conference 13th / 14th October 2016 to be held in Cardiff - so start thinking about attending now! Topic suggestions made by yourselves following the Liverpool conference are trying to be incorporated into the scientific programme.

Another date to put in the diary is the Triennial IFSSHT / IFSHT conference 24th - 28th October 2016 to be held in Buenos Aires. The professional scientific programme for both the IFSSHT and IFSHT are now available on the [website](#) so please look at the content as there is plenty to inspire every therapist.

Helen Davey - Chair

### Hand therapy Membership and reader survey

Your chance to tell us what you think about the journal, please complete this survey which should take no longer than 10 minutes of your time. [Click here!](#)

### A New Hand Splinting Range from Kinetec

Kinetec are delighted to

announce the launch of a new

### BAHT Validated Hand therapy courses:

#### 2016

##### March

**Level I:** Introduction to hand therapy, Dublin

##### May

**Level II:** Optimising soft tissue function, Northwood

**Level II:** Foundation acupuncture for hand therapists, Ipswich - course full

**Level II:** Splinting, London

##### September

**Level II:** PIP Joint, London

##### October

**Level I:** Introduction to hand therapy, Derby

**Level II:** Radiographic imaging of the hand, Derby

**Level III:** Injection therapy, Nottingham

##### November:

**Level I:** Introduction to hand therapy, Derby

For further details and courses see the BAHT website [courses section](#).

Would you like funding assistance with course fees? See the Bursary section of the [BAHT website](#)

### Regional group news:

The next **South Wales Hand Therapy Group Meeting** will be on Thursday 30th June

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range to the market in March 2016. Including innovative features such as bespoke splint printing and padded thermoplastics, the new range will provide significantly different options to hand therapists across the UK.

#### Free Hand Therapy Workshops

In celebration of the launch, Kinetec will be sponsoring two, free, one-day workshops in June (Manchester) and July (Bristol) to be delivered by Clinical Specialist in upper limb splinting and hand therapy, **Lydia Dean**. You will also know her as a trainer, running "post-grad" CPD training courses in hand therapy and splinting.

#### Contact Details

For further details on the new **Manosplint** range, to arrange a product demonstration or to receive further details of the workshops, please email us at [enquiries@kinetecuk.com](mailto:enquiries@kinetecuk.com) providing your name, organisation and contact details.

2016 - 12pm. Topics to be confirmed.

Venue: Morriston Hospital, Swansea.

The next **Wessex hand club meeting**, joint with surgeons will be on 15th April, Winchester. [See here for details.](#)

#### New NIHR handbook

The National Institute for Health Research have published a new handbook for aspiring clinical academics from the non-medical professions (*i.e. relevant for physios and OTs working in hand therapy!*). This guide is also has information for managers and discusses building clinical academic roles (*so please share with your therapy leads*). [Click here.](#)

#### Arthritis Research UK - Internships

Arthritis Research UK have just announced six internship positions for AHP recent graduates or final year students, so if anyone has a student who might be interested, please let them know...

The Arthritis Research UK Internship scheme aims to bring together experts in allied health and nursing to develop the next generation of rheumatic and musculoskeletal disease researchers and clinical specialists. Successful interns will get first-hand experience working on a research project of their choice, which will be hosted at a participating institution.

The Internships will be based at the Universities of Leeds, Oxford, Salford, Southampton, and the West of England (Bristol). Six places are available for the 8-week scheme (4th July – 26th August 2016).

Projects are specific to the promotion of musculoskeletal health and include:

☐ Internet based training to increase specific exercises for patients with rheumatoid arthritis of the hand

An investigation into the facilitators and barriers for people with joint pain and with lower levels of health literacy in accessing on-line digital self-management information

☐ A systematic review: Which biopsychosocial factors are associated with patellofemoral pain?

Applications are invited from recent graduates or final year students in Occupational Therapy, Podiatry, Physiotherapy or Nursing who have a 1st or 2:1 degree or are predicted these grades.

The placements are unpaid but each intern will receive £1000 towards costs.

Find out more [here](#)

#### COT 2016 Conference

Professor Simon

Kay, Consultant Plastic Surgeon and Head of Hand Transplant team, Leeds General Infirmary will be a keynote speaker at the College of Occupational Therapists Specialist Section- Trauma and Orthopaedic Annual Conference, which takes place in Harrogate, between 28-30 June. This conference is running alongside the College's Annual Conference.

Professor Simon Kay is a pioneering surgeon who leads a team who conducts phenomenal surgical procedures including the country's first hand transplant. The team is about to do the first double hand transplant.

Other conference topics include:

Correlating an amputee specific and a generic outcome measure, for myoelectric prosthetic users

The impact of partial hand amputation - a case study

Identify the role of occupational therapy with partial hand amputees and within a prosthetic service.

Practice guideline: hand/wrist orthoses for adults with rheumatological conditions

Acquire knowledge of the scope and limits of the guideline for hand

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## Oedema questionnaire

If you have completed my [online survey](#) you will have seen the advert for volunteers for a Delphi study.

Did you dismiss this thinking you were not qualified enough.....not an "expert"?

### THINK AGAIN!

You are all "experts"!

**E** nthusiastic, **e** **X**pertise, **P** ractice, **E** ducate, **R** esearch experience NOT needed, **T** herapists

Volunteers are required to take part in a Delphi study, all you will need is access to the internet to complete approximately 3 rounds between April-June 2016. The aim of this study is to achieve consensus on a standardised control intervention for a pilot randomized controlled trial (RCT) of oedema management. Your participation will be kept anonymous to the other volunteers throughout the process.

Ideally, volunteers will have 10 years experience in hand therapy and regularly treat patients requiring oedema management.

You can be the "spokesperson" for your department. It is important that the practices undertaken in **YOUR** department are represented in this study in order for the control intervention in the pilot RCT to be generalizable to current UK practices.

Questions will focus on **HOW** these interventions are delivered. There are no right or wrong answers.

Contact Leanne Miller on [Leanne.miller@uea.ac.uk](mailto:Leanne.miller@uea.ac.uk) for further details.

and wrist orthoses for rheumatically conditions.

[Register here](#) and enter **BAHTFULL** when prompted on the registration form to gain a BAHT members discount.

A big **THANK YOU** to all BAHT members who have taken the time to complete my online survey on the management of sub-acute hand swelling.

And for those members who haven't had chance, **YOUR OPINION MATTERS**, so please [click here](#) and share your experience.

- Leanne Miller

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