



British Association of Hand Therapists

# ebulletin

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March 2017

## Welcome to the spring e-bulletin!

The latest updates on courses, job vacancies and hand therapy news in the UK

### Chair report

I sincerely hope that all our members have had a safe and enjoyable first quarter of 2017. The daffodils have started to bloom and we will all soon be enjoy the spring weather and longer days.

There are some very exciting things happening in the world of hand therapy and I encourage all members to take an active role in all that is happening.

Our annual conference this year is taking shape and promises to be offer members some thought provoking speakers and skill developing workshops. Keeps your eyes out over the coming weeks as speakers are announced and tickets go on sale. I would love to see as many of you in Norwich as possible.

EFSHT and FESSH's Eurohand is being held in Budapest this year and its programme is looking thoroughly enjoyable. Tickets are on sale now and will sell quickly. So get in early and don't miss out.

Positions remain vacant on BAHT's executive committee. We need members with a passion to see our profession and organisation grow. Please do get in contact and talk with me about the variety of roles available.

**Christy Fowler, Chair**

### Wanted

#### Hand Therapists for BSSH JLA PSP Meeting May 23rd

The British Society for Surgery of the Hand (BSSH) is nearing the final stages of the James Lind Alliance (JLA) Priority Setting Partnership (PSP). We are looking for experienced hand therapists to participate in a one day group session where we will prioritise the top 10 research questions that have been submitted by both patients and clinicians. The priority setting group will consist of patients, hand surgeons and hand therapists and will be facilitated by the JLA advisors. This will take place on May 23rd at the Royal College of Surgeons, Lincolns Field, London. No previous research

### BAHT validated hand therapy courses 2017

**Level I Courses** 23rd to 25th March 2017

Dublin 10th to 12th May 2017  
London.

#### Level II Courses

18th to 20th October 2017 - Radiographic Imaging of the Hand, University of Derby

21st to 23rd September 2018 - Optimising Soft Tissue Repair Mount Vernon Hospital, Middlesex.

#### Level III Courses

February 2018

Contemporary Practices in Injection Therapy (Upper Limb)

For further details and courses see the BAHT website [courses section](#).

### Congratulations

To two of our members Fiona Talbot and Janey Milligan from Northern Ireland. They have been nominated for

experience is required. Reasonable travel costs will be reimbursed for the day. More information about the BSSH JLA PSP can be found at:

[http://www.bssh.ac.uk/patients/bssh\\_james\\_lind\\_alliance\\_partnership.aspx](http://www.bssh.ac.uk/patients/bssh_james_lind_alliance_partnership.aspx)

Queries to Donna Kennedy [d.kennedy@imperial.ac.uk](mailto:d.kennedy@imperial.ac.uk)

Please email expressions of interest to Mr Ryan Trickett [jla@bssh.ac.uk](mailto:jla@bssh.ac.uk) by March 31st

Northern Ireland's maximising resources for success Award at the Advancing Healthcare Awards 2017. It is wonderful to see our members doing such wonderful work.

## Conference Abstracts

The call for abstracts has not yet been announced, but it's time to get thinking about your possible poster and free paper abstract for the 2017 conference this autumn. General advice about preparing an abstract is on the BAHT website: [How to write an abstract](#)

## BAHT Research Grant

Thank you to everyone who applied for the 2017 research grant.

Applications closed on 1st February and the independent peer reviewers are now hard at work...

Please keep an eye on the BAHT website to find out who was successful this year!

## BAHT Bursaries

**Do you want to attend a BAHT course but are worried about costs?**

**Do you worry that the process is complicated and will take too much time?**

BAHT currently offers a selection of Educational Bursaries for its members that are easy to apply for and can cover up to £500 of course costs.

One of our members who was recently awarded our international bursary commented "I found myself being asked to speak at an international conference but without any trust funding to do so. BAHT were great in pointing me in the right direction of bursaries that were open to me and guided me with the process which was a lot simpler than I thought! The bursary enabled me to go and have an amazing experience at the same time as a great professional addition to my CV!

Our new bursary scheme for 2017 will be launched in April so keep an eye on the website for more details. You can apply for bursaries up to three months retrospectively.

## Course Reps Wanted!

Our education sub committee are looking to recruit course representatives and members to assist with assessing portfolio work. Could any members who may be interested please send their short CV to me at [Nikki.burr@nhs.net](mailto:Nikki.burr@nhs.net)

**DO YOU TREAT PATIENTS WITH RHEUMATOID ARTHRITIS?**

iSARAH is a **free** online course to train NHS physiotherapists and occupational therapists in the NICE recommended 'SARAH' programme.

**VISIT [isarah.octru.ox.ac.uk](http://isarah.octru.ox.ac.uk) TO FIND OUT MORE AND REGISTER FOR FREE**

The SARAH (Strengthening and Stretching for Rheumatoid Arthritis of the Hand) programme is a tailored exercise programme for people with poor hand function due to RA and has been shown to improve hand function, disability and quality of life.

Logos: UNIVERSITY OF OXFORD, RRIO, Funded & supported by NHS National Institute for Health Research, iSARAH



## iCSP Hand Therapy discussion forum

Some latest topics:

- De Quervain's
- New measure for evaluating upper limb activity limitation in children with cerebral palsy
- Thalamic pain syndrome
- Guidelines for using Hand held dynamometer i.e. Jamar



Join the discussion on the [iCSP hand therapy forum](#) and receive regular email updates (see [BAHT 'Latest news'](#) for joining information)

*If you would like to be removed from the ebulletin mailing list please email:*

[bahthandtherapy@googlemail.com](mailto:bahthandtherapy@googlemail.com)

**British Association of Hand Therapists**

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