

Wessex Hand Club – Therapy Meeting
Friday 29th November
12.00 p.m. – 4.10pm

Lecture Theatre, Education Centre
Level 5
Salisbury District Hospital, Salisbury
SP2 8BJ

Objectives of meeting:

1. Update on hand therapy practice across the Wessex region.
2. To provide the opportunity for networking and establishing working links amongst hand therapists across the Wessex region.
3. Opportunity to explore products and materials from Promedics – Chris Barnes

Final Programme:

- 12.00 – 12.45 p.m. Registration and lunch
- 12.45 – 1.00 p.m. Welcome and Introduction
Meg Robson
- 1.00 – 1.15 p.m. The role of ciprofloxacin in mallet finger injuries
**Carole Bexon – Clinical Specialist Hand Therapist,
Salisbury NHS Foundation Trust**
- 1.15 – 1.45 p.m. Highlights from IFSHT Berlin
**Sarah Bradley – Advanced Occupational Therapist
Poole Hospital NHS Trust**
- 1.45 – 2.00pm Joining a BAHT Committee
Linda Cornish – Clinical Specialist Physiotherapist in Hands
- 2.00 – 2.20pm Coffee break and poster circulation
- 2.20 – 2.35 p.m. Zone V extensor tendon rehabilitation – changes to practice
**Elaina Ritchie, Senior Occupational Therapist
Salisbury NHS Foundation Trust**
- 2.35- 2.50 pm Lymphotouch – Use in scar management
**Meg Gibson, Senior Physiotherapist
Salisbury NHS Foundation Trust**
- 2.50pm- 3.10pm Exercise class for wrist instability
**Helen Keanie, Senior Physiotherapist
Salisbury NHS Foundation Trust**
- 3.00 – 3.30pm Exercise for hand osteoarthritis management
**Beatrice Sankah – Physiotherapist
University of Southampton**
- 3.30pm – 4.00pm A cadaveric study examining the positions of the wrist and digit which provide optimal common extensor centralisation after inducing open divisions to the radial sagittal band ligaments.
**Abigail Owen, Senior Occupational Therapist
Royal Devon and Exeter**
- 4.00-4.10pm. Discussion and questions
4.10 p.m Close

Thank you to BAHT, for funding the venue. Thank you to Promedics for funding lunch and refreshments